

ONLINE CHECK-IN INSTRUCTIONS

2026 WINTER FROST CUP

All teams must upload their documents for online check in by Wednesday, January 28th.

Once verified, Approved Rosters will be uploaded into your GotSport team account by Tuesday, February 3rd

Print 4 copies of your Approved Roster – you will turn in 1 copy to the referee at each game.

Here are instructions on how to upload your documents:

1. Log in to your GotSport account
2. Click “Team Management”
3. Click “Teams” and choose your team
4. Click on “Team Registrations” tab at the top
5. Click on the Event Name, do not click on Rosters
6. Click on the “Registration” tab at the top
7. In the section labeled Official Roster, click the Yellow EDIT button
8. Click “Choose File” and upload your roster

Once you have uploaded your documents, tournament staff will go in and approve your roster. Your approved roster will be uploaded into your GotSport team account by Tuesday, February 3rd ***Please print 4 copies***”

To access your approved roster, please follow the same steps above that you used to upload your documents. After step 6, you will now see a section at the top that says “Approved Roster”. Click on that document and print 4 copies. If there is no file under “Approved Roster”, then your roster has not been approved yet. Tournament Staff is still working on it.

1 copy of your approved roster will be turned in to the referee at each game. You must use the roster that has the APPROVED stamp on it.

There are different items needed based on how your team is registered. Please click the link that is associated with your team to find the necessary documents you need for checkin.

- [U7-U10 Academy teams registered through North Texas State Soccer Association](#)
- [U11-U19 Competitive teams registered through North Texas State Soccer Association](#)
- [US Club teams](#)
- [US Youth teams registered through their State Association outside of North Texas State Soccer Association \(ex. South Texas, Oklahoma, Arkansas\)](#)

WHAT YOU NEED AT THE FIELDS

- You must use the roster that gets emailed to you with APPROVED on the bottom.
- Bring 4 copies of this roster, you will turn in 1 copy at each game.
- You must have jersey numbers for all players on your roster.
- Once you have printed your APPROVED roster, you do not need to check-in your team at the HQ tent before going to fields.
- If you have any changes to your roster, please stop by HQ tent before going to fields.

You may not make changes to your roster after your first game.

*****We do not need to see Medical Release Forms at registration, however it is mandatory that each player have a completed Medical Release form with them at each game.**

*****No player can play on more than 1 team at any point during the tournament.**

OTHER IMPORTANT INFORMATION

MAX ROSTER SIZE

4v4 (U7-U8): 8 players

7v7 (U8-U10): 12 players

9v9 (U10-U12): 16 players

11v11 (U12-U14): 18 players

11v11 (U15-U19): 22 players

*****Please remember to keep all documents with you all weekend!**